

Core KS3 Physical Education – Curriculum Journey

Group	8th Sept – 3rd Oct	6th Oct - 7th Nov	10th Nov – 5th Dec	8th Dec – 16th Jan	19th Jan – 13th Feb
10 X/Y 1 SMR/JVE	BASKETBALL Sports Hall	BADMINTON Sports Hall	FOOTBALL Field	TAG RUGBY Field	OAA Lower Courts
10X/Y 2A (2) CSR/SLR	NETBALL Top Courts	HEALTH RELATED EXERCISE Top Courts/Fitness Suite	OAA Lower Courts	FOOTBALL Field	TAG RUGBY Field
10 X/Y 2B (3) GHN/CSR	FOOTBALL Field	TAG RUGBY Field	NETBALL Top Courts	BASKETBALL Sports Hall	BADMINTON Sports Hall
10 X/Y4 SLR/DST	HEALTH RELATED EXERCISE Top Courts/Fitness Suite	NETBALL Top Courts	BADMINTON Sports Hall	OAA Lower Courts	FOOTBALL Field

Group	8th Sept – 3rd Oct	6th Oct - 7th Nov	10th Nov – 5th Dec	8th Dec – 16th Jan	19th Jan – 13th Feb
11 X/Y A Competitive	FOOTBALL Front Field	BASKETBALL Sports Hall	NETBALL Top Courts	HANDBALL Top Courts	VOLLEYBALL Sports Hall/Small Gym
11 X/Y B Competitive	BASKETBALL Sports Hall	FOOTBALL Front Field	TABLE TENNIS Small Gymnasium	VOLLEYBALL Sports Hall/Small Gym	HANDBALL Top Courts
11 X/Y Alternative	BENCHBALL Gymnasium	TABLE TENNIS Gymnasium	PICKLEBALL Sports Hall	BOCCIA/NEW AGE CURLING Gymnasium	FITNESS/BOXERCISE Fitness Suite
11 X/Y Health & Leisure	DANCE Dance Studio/Main Hall	HEALTH RELATED EXERCISE Dance Studio/Main Hall	CROSSFIT Dance Studio/Main Hall	CARDIO-VASCULAR TRAINING Top Courts	BENCHBALL Main Hall

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Group	23rd Feb – 20th Mar	23rd Mar – 1 st May	5th May – 5th June	8th June – 3rd July	6th July – 22nd July
10 X/Y 1 SMR/DST	NETBALL Top Courts	HEALTH RELATED EXERCISE Top Courts/Fitness Suite	ATHLETICS Field	ATHLETICS Field	CRICKET Field
10X/Y 2A (2) CSR/SLR	BASKETBALL Sports Hall	CRICKET Field	ATHELETICS Field	ATHELETICS Field	BADMINTON Sports Hall
10 X/Y 2B (3) GHN/CSR	HEALTH RELATED EXERCISE Top Courts/Fitness Suite	OAA Lower Courts	ATHLETICS Field	ATHLETICS Field	CRICKET Field
10 X/Y4 SLR/DST	TAG RUGBY Field	BASKETBALL Sports Hall	ATHLETICS Field	ATHLETICS Field	ROUNDERS Field

Group	23rd Feb – 20th Mar	23rd Mar – 1 st May	5th May – 5th June	8th June – 3rd July	6th July – 22nd July
11 X/Y A Competitive	TABLE TENNIS Gymnasium	BADMINTON Sports Hall	TBC	N/A	N/A
11 X/Y B Competitive	BADMINTON Sports Hall	NETBALL Top Courts	TBC	N/A	N/A
11 X/Y Alternative	OAA Lower Courts	TCHOUKBALL Sports Hall	TBC	N/A	N/A
11 X/Y Health & Leisure	YOGA Dance Studio	BOXERCISE Gymnasium	TBC	N/A	N/A