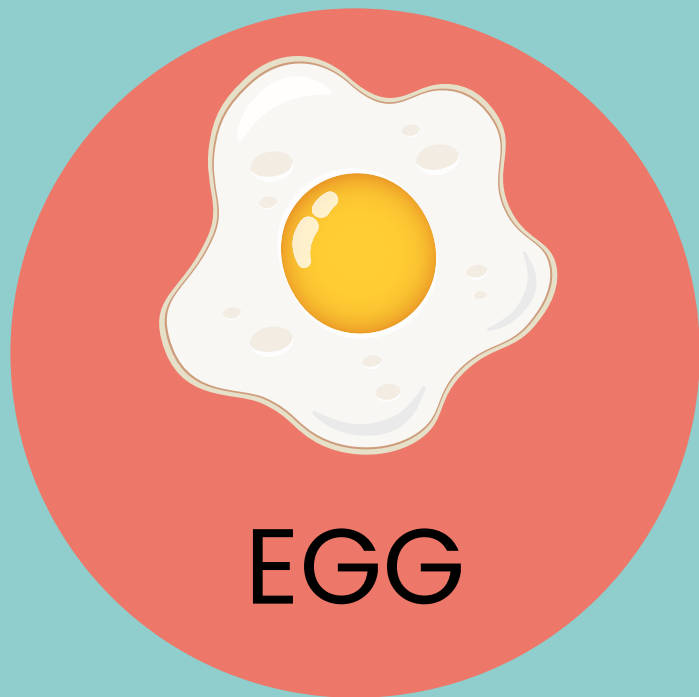


FOOD ALLERGY FACTS



You can be allergic to any food, even things like ice cream or peas



The 9 foods on this poster cause 90% of allergic reactions



People with allergies must avoid the food they are allergic to



Some people will grow out of their allergies but others won't



Food allergy is common. It affects around 1-2 pupils in every class



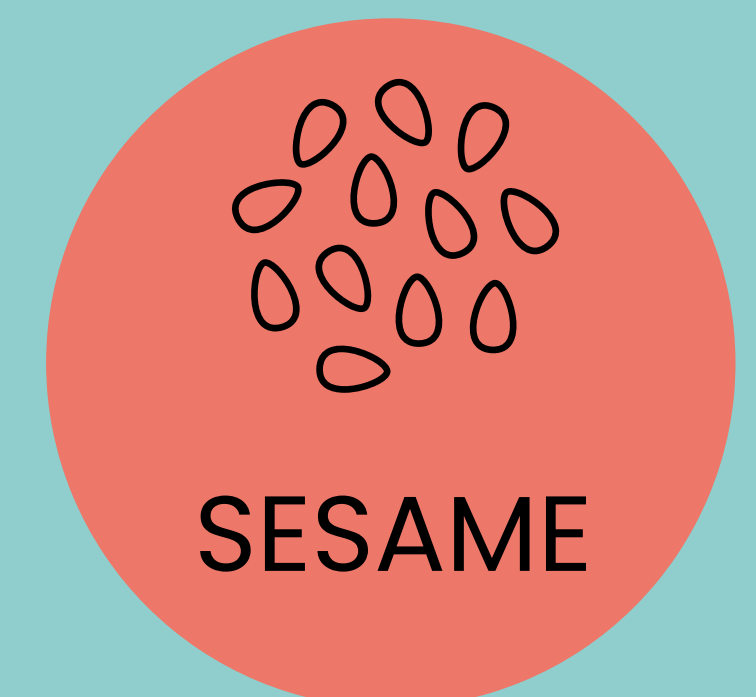
The main allergens have to be highlighted on food labels



Living with allergies can be hard, so it helps to have supportive friends



Wash your hands and don't share or throw food to help keep everyone safe



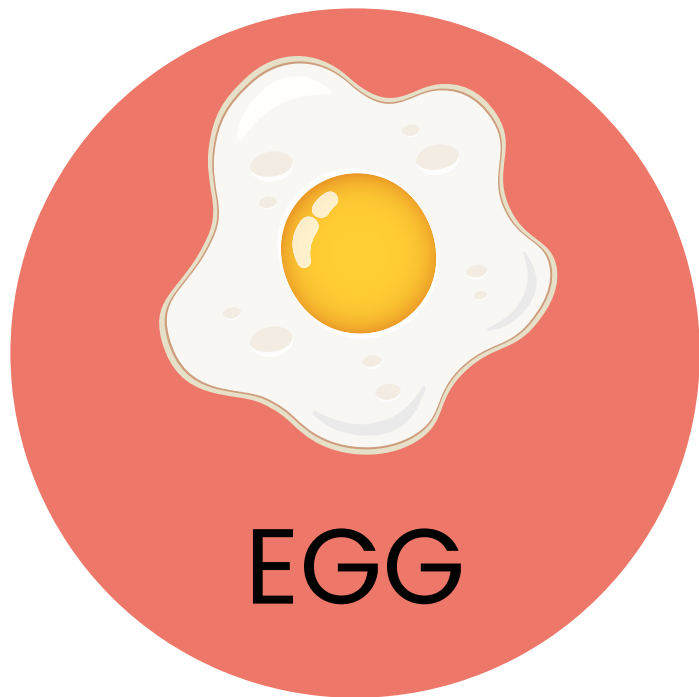
You can help by learning how to recognise and treat a reaction



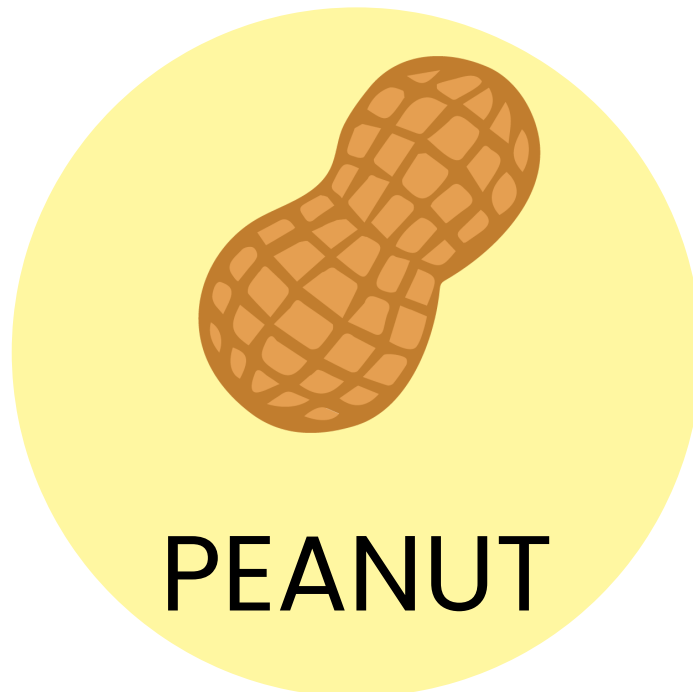
theallergyteam.com



FOOD ALLERGY FACTS



You can be allergic to any food, even things like ice cream or peas



The 9 foods on this poster cause 90% of allergic reactions



People with allergies must avoid the food they are allergic to



Some people will grow out of their allergies but others won't



Food allergy is common. It affects around 1-2 pupils in every class



The main allergens have to be highlighted on food labels



Living with allergies can be hard, so it helps to have supportive friends



Wash your hands and don't share or throw food to help keep everyone safe



You can help by learning how to recognise and treat a reaction



theallergyteam.com

