PSHE – Curriculum Journey

The Blue Coat School Basingstoke
Member of the South Farnham Educational Trust

Year 7 – Autumn 1: Managing Change
Transition • Resilience • Employability

Year 7 – Autumn 2: Puberty & Body Development
Puberty • Wellbeing • Misogyny

Year 7 – Spring 1: Friends, Respect & Relationships
Relationships • Boundaries • Consent

Year 7 – Spring 2: Staying Safe On- and Offline
Grooming • Sextortion • Exploitation

Year 7 – Summer 1: Celebrating Differences
Equality • Prejudice • Inclusion

Year 7 – Summer 2: Politics and Parliament
Democracy • Law • Citizenship

Year 8 – Summer 2: Law, Crime & Society
Law • Extremism • Exploitation

Year 8 – Summer 1: Equality & Diversity Explored
Equality • Discrimination • Inclusion

Year 8 – Spring 2: Dangerous Society: On- & Offline
Grooming • Exploitation • Misogyny

Year 8 – Spring 1: Identity & RSE
Identity • Attraction • Consent

Year 8 – Autumn 2: Physical Health & Mental Wellbeing
Wellbeing • Resilience • Help-seeking

Year 8 – Autumn 1: Proud to be me
Identity • Resilience • Aspiration

Year 9 – Autumn 1: Essential Life Skills
Independence • Decision-making • Risk

Year 9 – Autumn 2: Body Confidence
Body image • Media • Self-worth

Year 9 – Spring 1: RSE Part 1: The Law & Consent
Consent • Coercion • Responsibility

Year 9 – Spring 2: Legal & Illegal Drugs
Vaping • Addiction • Drugs

Year 9 – Summer 1: RSE Part 2: Contraception & STIs
Contraception • STIs • Sexual health

Year 9 – Summer 2: Combatting Extremism & Terrorism
Extremism • Propaganda • Radicalisation

Year 10 – Summer 2: Exploring British Values
Democracy • Freedom • Participation

Year 10 – Summer 1: Exploring World Issues
Climate • Responsibility • Citizenship

Year 10 – Spring 2: Violence, Crime & Seeking Safety
Exploitation • Violence • Safeguarding

Year 10 – Spring 1: Exploring RSE
Relationships • Consent • Sexual health

Year 10 – Autumn 2: Mental Health & Wellbeing
Mental health • Resilience • Wellbeing

Year 10 – Autumn 1: Rights & Responsibilities
Rights • Equality • Citizenship

Year 11 – Autumn 1: Adult Health & Looking after Yourself
Health • Independence • Careers

Year 11 – Autumn 2: Sexual Health
Relationships • Consent • Sexual health

Year 11 – Spring 1: Staying Safe
Safety • Exploitation • Safeguarding

Year 11 – Spring 2: The Future and Beyond
Careers • Finance • Independence

Year 11 – Summer 1: Exam Season & Transition
Resilience • Transition • Responsibility

Year 11 – Summer 2
N/A